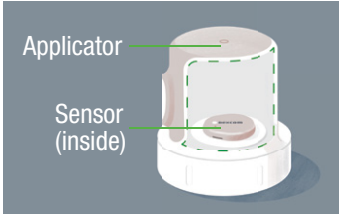


START HERE

1 G7 BASICS

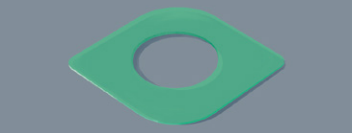
G7 shows your glucose information on your display devices.

Sensor and applicator



- During setup, we'll show you how to use the applicator to insert the built-in sensor under your skin.
- The sensor sends a glucose reading to your display device(s) every 5 minutes.
- The sensor lasts up to 10 days with a 12-hour grace period.

Overpatch



After you insert the sensor, you must apply the overpatch to keep the sensor on your body.

Instructions

During setup, use the sensor insertion instructions found in the app or use *Inserting Sensor* below.

Use up to 3 display devices

Get your glucose information on your phone, smartwatch, and the Dexcom receiver. You can set up the phone app, the receiver, or both, in either order. For supported smartphones and operating systems go to: dexcom.com/compatibility

2 SETTING UP PHONE APP

Must have secure internet access during setup.
(To set up receiver, see product instructions in receiver box. For smartwatch instructions, go to the G7 User Guide.)

1. Get started

- Scan the QR code or go to the App Store® or Google Play to download the Dexcom G7 app
- Open the phone app
- Login or create an account

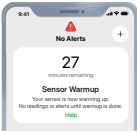


2. Set up

- Follow phone app instructions to set up phone app.
- For instructions on inserting the sensor, follow phone app instructions or use *Inserting Sensor* below.
- After inserting and pairing, follow local guidelines for throwing out the applicator and recycling the Dexcom packaging.

3. Sensor warmup

Sensor warmup timer tells you when you'll start getting readings and alerts.



4. Sensor session

Go to the *G7 User Guide* to find out more.

Review Safety Information in the *G7 User Guide*.
All graphics are representational. Your product may look different.

INSERTING SENSOR

1. Choose sensor site by age

IMPORTANT! If you wore G6 sensors on your abdomen, wear G7 sensors on the back of your upper arm. Children ages 2-6 years can also use their upper buttocks.

- a. **Age 7 years and older:**
Use back of upper arm.
- b. **Age 2 years (24 months) – 6 years:**
Use back of upper arm or upper buttocks.

Avoid areas:

- With loose skin or without enough fat to avoid muscles and bones
- That get bumped, pushed, or you lie on while sleeping
- Within 3 inches of infusion or injection site
- Near waistband or with irritations, scarring, tattoos, or lots of hair

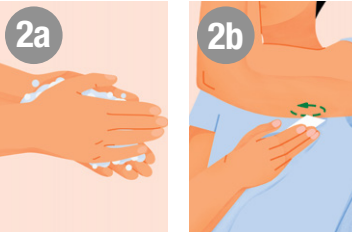
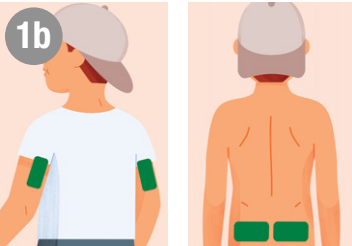
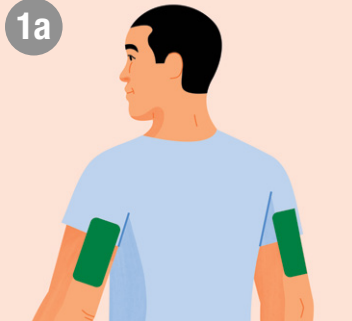
To keep the sensor attached see dexcom.com/faqs.

2. Clean and dry so sensor stays on

- a. Wash hands with soap and water. Dry.
- b. Rub site with an alcohol wipe to get rid of all oils.
- c. Let dry completely so sensor will stick.

3. Unscrew cap

- Don't touch the needle inside the applicator.
- Don't use the applicator if it's damaged or previously opened.



4. Use applicator to insert sensor

- a. Relax any muscles near site.
- b. (1) Push down applicator against your skin until the clear ring disappears.
(2) Keep it pushed down while you press the button.

5. Remove applicator

- a. Save the applicator because you may need its sensor ID later.

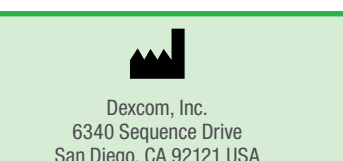
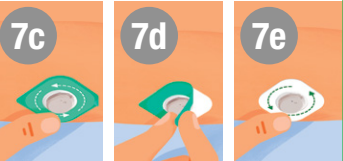
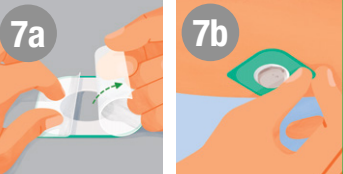
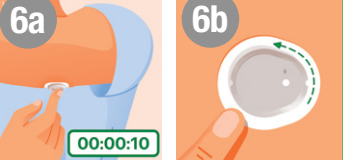
6. Make sure sensor is secure

- a. Press the top of sensor for 10 seconds.
- b. Rub firmly around patch 3 times.

7. Apply overpatch

You must apply the overpatch to keep the sensor on your body. It's bundled with the instructions in the sensor box.

- a. Carefully pull off both clear liners without touching the white adhesive. Leave the colored liner on the overpatch for now.
- b. Holding the colored liner's tab, carefully place the overpatch around the sensor.
- c. Rub around the overpatch.
- d. Remove the colored liner, leaving the overpatch on your skin.
- e. Rub around the overpatch again.
- f. Go back to the phone app or receiver to finish setup.



ADHESIVE PATCH CARE

The longer you keep the patch dry and sweat-free in the first 12 hours, the longer it may stick to your skin.
When it gets wet, gently pat it dry as soon as you can. If it peels off your skin, trim the peeled parts and put on medical tape.

REMOVING SENSOR

After sensor session ends, peel off patch like a bandage. To make it easier, try these tips:

- Loosen edge and soak patch in body oil, like baby oil or an adhesive remover for skin (see product instructions before using).

- Use adhesive removal wipes for skin to rub the skin that gets exposed as you peel back the patch
- Try different pulling techniques:
 - Pull off the patch slowly, folding it over itself, in the same direction of hair growth.
 - Stretch loosened edge, and push your fingers under the patch to pull it off skin.

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